

Gosfield Lake Resort – Open Water Swim Training

Declaration and Indemnity Form

This indemnity clause is to cover all open water swimming activity organised by Gosfield Lake Resort at Gosfield Lake, for the summer season of 2011. By signing this agreement the swimmer also agrees to conform to any reasonable changes to the schedule that may occur due to unforeseen difficulties.

For Health & Safety reasons the swimmer also agrees to **'sign in and out'** of the water.

Name		
Address		
Occupation		
Sex:	Male	Female
Date of Birth		
Contact Telephone		
Email Address		
Emergency Contact Name & Telephone		
Sports Background		
Any other useful information (medical / coaching qualifications / illnesses)		

Indemnity Clause

I acknowledge, to the best of my ability, that I am in good health and have no known medical problems that would restrict my ability to participate in open water swimming. I recognise that participation in physical activity involves the risk of injury, to my person or my property. I acknowledge that whilst I participate, I do so entirely at my own risk.

I will not hold Gosfield Lake Resort, their instructors, members, servants or agents liable for any personal injury, loss of property which I may suffer whether caused by the negligence or omission of any of the above.

Signed:

Dated:

To assist us on your first day please print out this waiver, complete it and hand it in to a member of staff on your arrival.